



2022 PUBLIC HEARING

AREA AGENCY ON AGING, REGION 9
710 WHEELING AVENUE
CAMBRIDGE, OHIO 43725

INTRODUCTIONS

AAA9 PRESENTERS

Aging Network Overview

- Jim Endly
 - Executive Director of AAA9

Strategic Area Plan and Waiver Submissions

- David Evancho
 - Development and Compliance Supervisor

AGENDA

ODA Policy Requirements

Aging Network Basics

Federal and State Funding Overview

State Strategic Action Plan on Aging (SAPA) Overview

AAA9 Community Needs Assessment

AAA9 Strategic Area Plan Focus Areas

Direct Service Waivers


Comments

ODA Policy #103-PLN-01

The purpose of this Public Hearing is to explain AAA9's responsibilities regarding ODA Policy #103-PLN-01 Strategic Area Plans and Annual Updates.



Department of
Aging

NUMBER	103-PLN-01	PAGE 1 OF 5
TITLE	Strategic Area Plans and Annual Updates	
RELATED RULES/CODES	42 U.S.C. Chapter 35; 42 U.S.C. 3026; 45 C.F.R. 1321.59; 45 C.F.R. 1321.53; 45 C.F.R. 1321.63; O.A.C. 173-2-02 and O.A.C. 173-2-06	
RELATED POLICIES	103-PLN-02 105-SVC-01 105-SVC-02 105-SVC-05	
EFFECTIVE DATE	August 10, 2021	
SUPERCEDES		
APPROVED	 Ursel J. McElroy, Director	

I. AUTHORITY:

This policy is issued pursuant to 45 C.F.R. 1321.11 which requires the Ohio Department of Aging (ODA) to develop policies governing all aspects of programs operated under the Older Americans Act (OAA).

II. PURPOSE:

The purpose of this policy is to outline ODA's expectations of the Area Agencies on Aging (AAAs) for development and submission of their Strategic Area Plan and Annual Updates.

III. APPLICABILITY:

This policy applies to all area agencies on aging (AAAs).

IV. DEFINITIONS:

Strategic Area Plan means a written document containing the AAA's four (4) year strategy to provide for the development and implementation of a comprehensive and coordinated service delivery system for services to older individuals in its planning and service area (PSA).

Annual Update means the AAA's yearly submission to update its approved Strategic Area Plan demonstrating progress in achieving the goals and objectives outlined in the AAA's Strategic Area Plan.

ODA Policy #103-PLN-02

The purpose of this Public Hearing is to explain AAA9's responsibilities regarding ODA Policy #103-PLN-02 Waiver Requests by AAAs as a part of the Strategic Area Plan process.



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Aging

NUMBER	103-PLN-02	PAGE 1 OF 8
TITLE	Waiver Requests by AAAs	
RELATED RULES/CODES	42 U.S.C. 3026 , 42 U.S.C. 3027 , 42 U.S.C. 3030c-2 and 42 U.S.C. 3030d ; 45 C.F.R. 1321.59 , 45 C.F.R. 1321.53 and 45 C.F.R. 1321.63 ; O.A.C. 173-2-06 and O.A.C. 173-3-07	
RELATED POLICIES	103-PLN-01 Strategic Area Plans and Annual Updates and 105-SVC-02 Priority Services	
EFFECTIVE DATE	XX/XX/XXXX	
SUPERCEDES	204.04 dated 08/26/2013	
APPROVED		

I. AUTHORITY:

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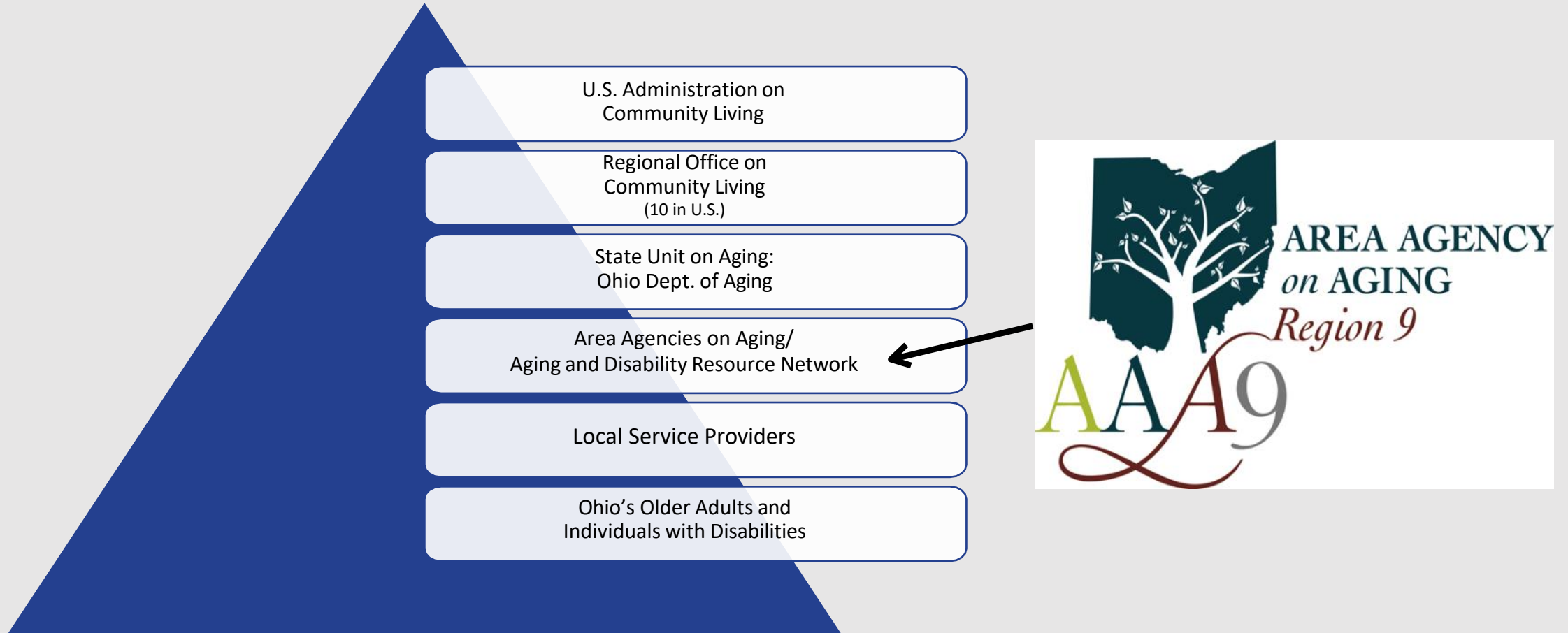
II. PURPOSE:

The purpose of this policy is to outline the process an area agency on aging (AAA) shall follow to request Direct Service, Title III-B Required Funding Allocation or Cost Sharing waivers.

III. APPLICABILITY:

This policy applies to all area agencies on aging (AAA).

AAA9 IS PART OF A NATIONAL NETWORK





AREA AGENCIES ON AGING (AAAs)

- AAAs are part of a national framework of services created by the Older Americans Act in 1965
- 12 AAAs in Ohio; more than 600 nationwide
- AAA9 is the AAA for Belmont, Carroll, Coshocton, Guernsey, Harrison, Holmes, Jefferson, Muskingum and Tuscarawas counties
- Serve as the connection (front door) to information and services for older adults, people with disabilities, and caregivers
- Find an Area Agency on Aging:
 - <https://eldercare.acl.gov/Public/Index.aspx>
 - 1-800-677-1116

AREA AGENCIES ON AGING (AAAS)

- **Help older adults become and stay healthy.** Agencies offer classes that help older Ohioans make healthy choices. They provide nutrition education and counseling to help seniors meet their dietary needs. They also coordinate home delivered meals programs, which serve nearly eight million nutritious meals annually. In addition, they offer education to prevent falls, manage chronic conditions and more.
 - **Help older adults stay engaged.** Agencies connect older adults to volunteer opportunities that allow them to give back to their communities. They also coordinate transportation programs that provide essential trips to medical appointments, business errands, shopping, and other activities.
 - **Help older adults remain in their homes and communities.** Agencies provide access to home maintenance, repair and modification services, as well as programs and information to help with the costs of heating or cooling their homes. They offer caregiver support services and resources, as well as benefits information.
 - **Help older adults access needed care.** Agencies help individuals and families plan for long-term care needs with free long-term care consultations. For those eligible for Medicaid, Area Agencies on Aging provide access to home and community-based long-term care services.
- *Services may vary by location. Eligibility guidelines may apply.*

AAA ROLE: PLANNING, PRIORITIZING AND ADMINISTERING FUNDS

- AAA9 is responsible for developing a regional Strategic Area Plan (4 years) and an annual update to determine priorities for federal/state Title III and Senior Community Services funding
- The area plan includes coordination with the state plan as well as findings from a local needs assessment



FEDERAL AND STATE FUNDING OVERVIEW



OLDER AMERICANS ACT FUNDING (TITLE III)

- Administered by AAA9 for our 9-county region.
 - Receive about \$2.3M Title III Annually
 - +Additional one-time ARPA funds
 - +Miscellaneous pandemic funding and grant funding
- Funding to senior centers and service organizations to provide:
 - transportation, congregate meals, legal services, wellness programs, etc.
- A funding formula is used to determine how much is given to each county.



TITLE III ALLOCATION PROCESS

- Priorities are established by gathering input from stakeholders and community needs assessment
- Priorities are approved by the AAA9 Board and Regional Advisory Council
- A Competitive Bidding Process is required.
- RFPs are issued every 2 years and priorities are announced in the RFP process
 - 2023 RFPs issued for 1/1/24 start date

ODA STRATEGIC ACTION PLAN ON AGING PRIORITIES

Over the past several years ODA has been collecting information from stakeholders to develop the **2020 – 2022 Strategic Action Plan on Aging (SAPA)**. This plan is prioritized to advance elder justice and equity and achieve optimal health and wellbeing for older Ohioans.

The SAPA prioritizes 15 issues across six topic areas.

The 6 topic areas are the focus of the 2023 – 2026 ODA Strategic Area Plan.

OHIO'S STRATEGIC ACTION PLAN ON AGING - TOP PRIORITIES

Community
Conditions

Healthy Living

Access to Care

Social
Connectedness

Population
Health

Independence

2022 AAA9 COMMUNITY NEEDS ASSESSMENT

- The ultimate objective of this Community Needs Assessment (CNA) is to improve the quality of life for older adults living in the AAA9 service area. Specifically, the CNA provides a comprehensive picture of the health and well-being of older Ohioans in the nine-county service area to assist AAA9 in developing a Strategic Area Plan that prioritizes specific collaborative actions to improve outcomes.
- Full copy of the 2022 Community Needs Assessment is available on the AAA9 website at
 - <https://aaa9.org/publications/>

COMMUNITY NEEDS ASSESSMENT

- Client focus groups
- Non-client interviews
- Board, Advisory Councils, External Stakeholders
- Survey of area older adults – conducted by Crescendo Consulting Group



RESOURCES

- A Community Survey was fielded to capture the importance and availability of services for older adults. The survey was made widely available to community members in AAA9's 9- county region
 - 691 surveys were completed
- Input and insight from a broad spectrum of staff members from all nine of our community focal points.
- Focus Groups were held at AAA9; the Harrison county Senior Citizens Center, Muskingum county Center for Seniors, Senior Services of Belmont county, Tuscarawas County Senior Center, Carroll County Council on Aging, Kno-Ho-Co Ashland Community Action commission (The Coshocton Senior Center), and Jefferson County Prime Time Office on Aging.
- The input of local elected officials, law enforcement, EMT, and economic leaders was also requested.

HIGH-LEVEL ACTION AREAS AND OBSERVATIONS

- Nutritious food is affordable/available
- Expanded Transportation Services
- Access to Local Specialty Health Care
- Caregivers and Kinship
- Quality Affordable Housing
- Awareness of Services
- Homemaking Services



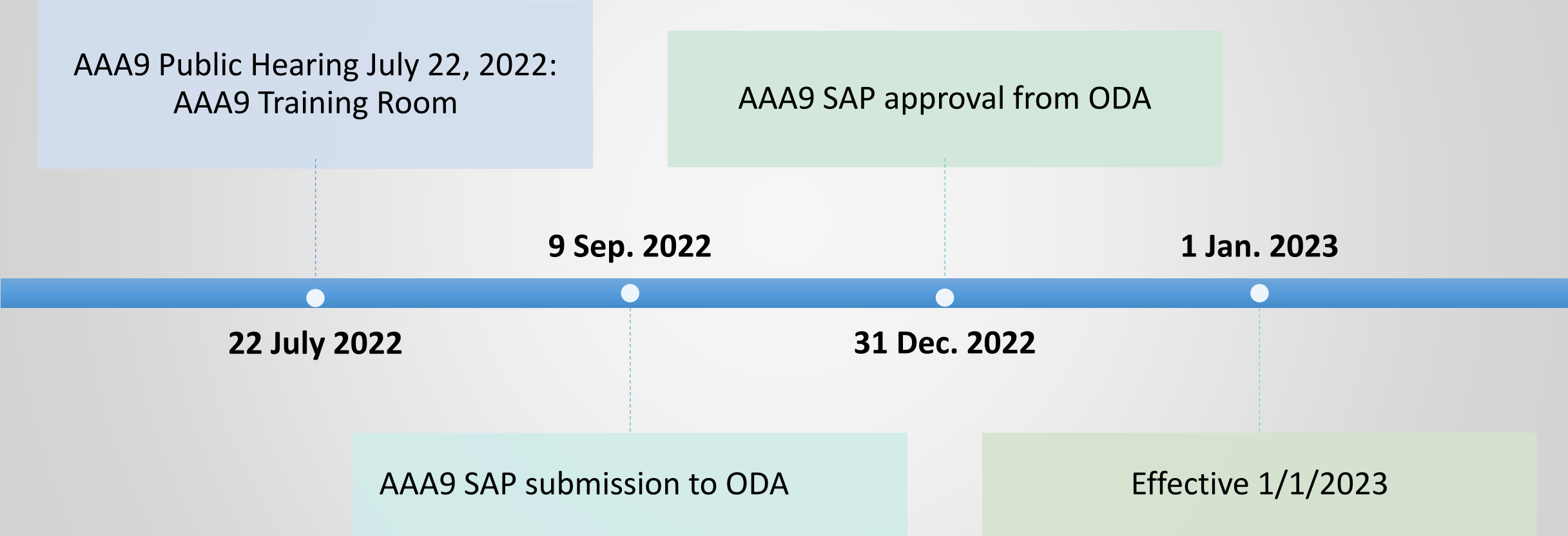
STRATEGIC AREA PLAN OVERVIEW

The Strategic Area Plan (SAP) is the comprehensive and coordinated service delivery system for services to older Ohioans in our planning and service area. This is a four-year operational plan of intent to provide a broad spectrum of quality services for those we serve.

PURPOSE

- The SAP acts as the governing planning & budget document to mirror targeted services and initiatives. While a guide for the 4-year period, changes and shifts in direction or focus can be indicated in the yearly update submissions.

TIMELINE – 2023 Strategic Area Plan



Summary of Strategic Area Plan Submission and Annual Updates

Includes all required certifications, signatures, assurances, and plans to be followed by the AAA under provisions of the Older Americans Act (OAA).

Have been developed in accordance with all rules and regulations specified under OAA and related State of Ohio policies.

Incorporate the comments and recommendations of the AAA's Advisory Council.

Reflect input from a cross-section of service providers, consumers, and caregivers who are representative of all areas and culturally diverse populations of the planning and service area (PSA).

Have been reviewed and approved by the AAA's Board of Directors and respective governing bodies.

Strategic Area Plan AAA9 Focus Areas

- Focus Areas:
 1. Community Conditions
 2. Healthy Living
 3. Access to Care
 4. Social Connectedness
 5. Population Health
 6. Preserving Independence
 7. Additional ACL Priorities



FOCUS AREA 1 : COMMUNITY CONDITIONS

- Objective 1.1: Improve Financial Stability
 - Increase housing supports, income supports and improve retirement and health-care planning through community education.
- Objective 1.2: Improve Housing Quality and Affordability
 - Affordable housing development and improvement of housing accessibility and quality (#3 on the community needs assessment prioritized needs listing).
 - Housing for seniors in the county is available and not too expensive (#8 on the community needs assessment prioritized needs listing).
- Objective 1.3: Improve Transportation Access
 - Seniors with different levels of mobility need local reliable transportation to get to health care appointments, grocery stores, and activities in the community (#2 on the community needs assessment prioritized needs listing).

FOCUS AREA 2: HEALTHY LIVING

- Objective 2.1: Improve Nutrition

- Work to make sure nutritious food is affordable and available for seniors (#1 on the community needs assessment prioritized needs listing).

- Objective 2.2: Improve Physical Activity

- Utilizing our community focal points, we will work to increase disease management (evidence based) classes within our region

FOCUS AREA 3: ACCESS TO CARE

- Strategy 3.1: Improve Health Care Coverage and Affordability

- In-home care is available, affordable, and of quality for seniors (#4 on the community needs assessment prioritized needs listing).

- Strategy 3.2: Improve Home and Community-based Supports

- Local assisted/independent living communities are available and affordable (#5 on the community needs assessment prioritized needs listing).
- Community is informed about AAA9 services and programs (#9 on the community needs assessment prioritized needs listing).

- Strategy 3.3: Improve Home Care Workforce Capacity and Caregiver Supports

- Grandparents who care for grandchildren or other children have support within the community (#6 on the community needs assessment prioritized needs listing).
- Local support groups/educational opportunities for caregivers who care for seniors in the community(#7 on the community needs assessment prioritized needs listing).

FOCUS AREA 4: SOCIAL CONNECTEDNESS

- Objective 4.1: Improve Social Inclusion
 - Focus on social opportunities and entertainment available for seniors in our region.
- Objective 4.2: Increase Volunteerism
 - Provide service opportunities for older adults to volunteer within their local community.

FOCUS AREA 5: POPULATION HEALTH

- Objective 5.1: Cognitive Health: Reduce Cognitive Difficulty
 - Increase community engagement and social supports that are available for cognitive issues.
- Objective 5.2: Cardiovascular Health: Reduce Hypertension
 - Seniors can get good local medical care, screenings, and immunizations (#10 on the community needs assessment prioritized needs listing).
 - Increase physical activity through evidence-based programming through our community focal points.
- Objective 5.3: Mental Health: Reduce Depression
 - Work to increase mental healthcare access and supports within our region.

FOCUS AREA 6: PRESERVING INDEPENDENCE

- Objective 6.1: Improve Chronic Pain Management
 - Utilize community focal points to support and increase self management support through evidence-based training courses intended to improve disease specific self management.
- Objective 6.2: Improve Falls Prevention
 - Increase home modifications through the Ohio Housing Assistance Grant Program (HAGP) to eliminate dangerous living environments or tripping hazards.

FOCUS AREA 7: ADDITIONAL ACL PRIORITIES

- Objective 7.1: Older Americans Act (OAA) Core Programs
- Objective 7.2: COVID-19
- Objective 7.3 Equity
- Objective 7.4: Expanding Access to HCBS
- Objective 7.5: Caregiving

DIRECT SERVICE WAIVERS

- AAA9 receives Title III funds for Information and Assistance, Caregiver Support and Case Management. These services do not require a waiver.
- ODA requires a waiver when the AAA provides direct services other than those listed in the first bullet.
- AAA9 applies for waivers:
 - Provision of services by the AAA is necessary to ensure an adequate supply of services, and/or
 - The service is directly related to the administrative functions of the AAA, and/or
 - The service can be provided more economically by the AAA

WAIVER IIIC SFMNP ADMINISTRATIVE ASSISTANCE

- Provision of such services by AAA9 is necessary to assure an adequate supply of services.
- Such services are directly related to AAA9s administrative functions of the Senior Farmers Market Nutrition Program.

WAIVER IID EVIDENCE-BASED PROGRAMS

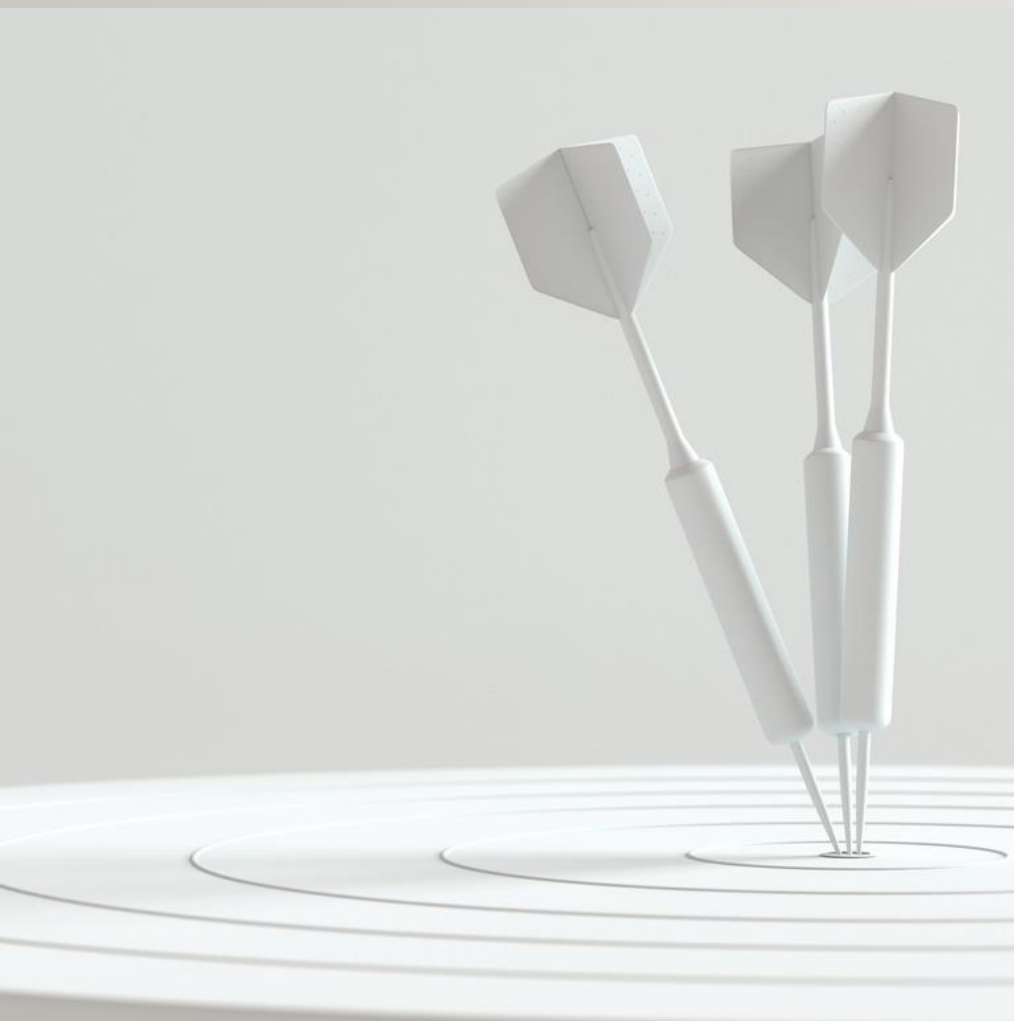
- Provision of such services by AAA9 is necessary to assure an adequate supply of services.
- To ensure an adequate supply of health education services in all **nine** counties, AAA9 Master Trainers will be available to provide train the trainer classes to ensure there are enough certified trainers in our region.

WAIVER III CAREGIVER PROGRAM

- Provision of such services by AAA9 is necessary to assure an adequate supply of services.
- To ensure Powerful Tools for Caregivers courses in the eight counties that did not come in for funding following the request for proposals.

COMMENTS





THANK YOU

Thanks to your partnership and for your time today.

