



# Caregiver Support Group

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*Build a support system with people who understand*

## **Virtual Support Groups**

Are you a caregiver? We welcome you to join our Virtual Support Groups held every month at times below. Please register by calling 1-800-945-4250 option 8 and request one of our Caregiver Education Coordinators.

**1st Tuesday of each month, 1:00pm - 3:00pm**

**2nd Wednesday of each month, 5:30pm - 7:30pm**

## **In Person Support Groups**

Caregiver Support group meetings are held in many of the nine counties AAA9 serves. Virtual support groups are facilitated by AAA9 staff and others in cooperation with our community partners. Call us if you'd like more information on in-person support groups.

RSVP to 1-800-945-4250 option 8



Area Agency on Aging Region 9

710 Wheeling Ave, Cambridge, OH 43725

1-800-945-4250

<https://aaa9.org>