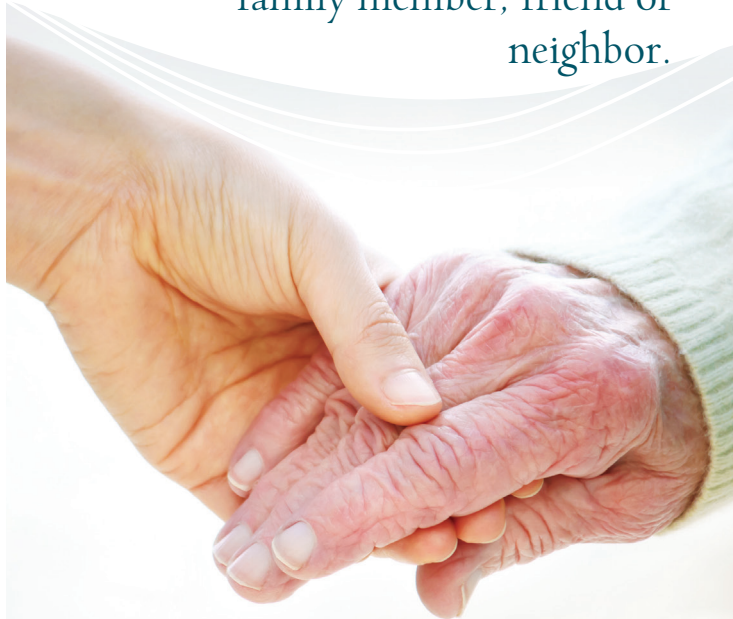


Offering support for individuals  
that provide care to a loved one,  
family member, friend or  
neighbor.



You are a caregiver if you do anything for  
anyone who can't do it for themselves,  
whether in your home, their home, full  
time, or just a few hours a week.

Family members and volunteers provide up to 90%  
of all informal care giving. Few of us are trained to  
be caregivers, and often the need to provide care  
for another is sudden and unexpected.

The National Family Caregiver Support Program  
established via the Reauthorized Older Americans  
Act, helps families sustain their efforts to care for  
older adults with serious chronic illness or  
disabilities and for kinship caregivers.

>> THE PROGRAM OFFERS

Information and assistance, individual consultation,  
one-on-one skills training, support groups,  
speakers for any size group, educational courses,  
and a multi-media lending library

To schedule a caregiver workshop or speaking  
engagement, or for more information on one-on-one  
assistance, support groups and resources contact:

AAA9 Caregiver Education Coordinator  
(800)-945-4250

The Area Agency on Aging  
Region 9, Inc. is as a non  
profit Section 501(c)(3)  
organization designated  
by the Ohio Department of  
Aging as one of America's  
nearly 700 Area Agencies  
on Aging.

>> AAA9  
SERVICE AREAS

Belmont County  
Carroll County  
Coshocton County  
Guernsey County  
Harrison County  
Holmes County  
Jefferson County  
Muskingum County  
Tuscarawas County



AREA AGENCY  
on AGING  
Region 9

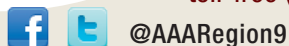
CONTACT US

phone: 740.439.4478

toll-free (office hours): 800.945.4250

toll-free (after hours): 844.932.7277

fax: 740.439.3704



710 Wheeling Ave.  
Cambridge, OH 43725  
visit: [www.aaa9.org](http://www.aaa9.org)  
email: [aaa9@aaa9.org](mailto:aaa9@aaa9.org)



CAREGIVER SUPPORT  
AND EDUCATION

*Caring for Caregivers*



AREA AGENCY  
on AGING  
Region 9





## About the Program

The Caregiver Support Program offers free support for unpaid individuals that provide care to a loved one, family member, friend or neighbor. Support includes information and assistance, individual consultation, one-on-one skills training, support groups, speakers for any size group, educational courses, and a multi-media lending library to help increase knowledge and ability to provide better care for a longer time.

Speakers are available to inform your group about PASSPORT, aging issues, caregiving issues, aging advocacy, working caregiving, kinship caregiving, and other customized topics. Schedule a AAA9 professional to speak to your employees, church group, service organization or other groups free of charge.

## Working Caregivers

More than 1 in 6 Americans working full-time or part-time report assisting with the care of an elderly or disabled family member, relative, or friend. Support and resources for these caregivers can be tailored to fit their needs.

## Kinship Caregivers

In Ohio over 200,000 children under age 18 live with grandparents or other relatives and are in need of support and resources. "Kinship caregiver's strength is supporting children, our strength is supporting caregivers".

## Caregiver Support Groups

Caregiver Support group meetings are held in all of our nine counties, some facilitated by AAA9 staff and others in cooperation with our community partners. Check our website at [www.aaa9.org](http://www.aaa9.org) or call us for updated times and locations.

To schedule a caregiver workshop or speaking engagement or for more information on one-on-one assistance, support groups, and resources contact:  
AAA9 Caregiver Education Coordinator  
800-945-4250.

## Caregiver Services

- One-on-one consultations
- Outreach programs & referrals
- Guidance & instruction
- Caregiver Support Groups
- Evidence Based Programming
- Direct mailing of printed caregiver support information, publications and educational materials
- Caregiver skills training
- Workshops and speaking engagements can be presented at your choice of locations, for any number of participants
- Caregiver events in cooperation with our partners in the community
- Multi-media lending library

## Community partners include:

The Alzheimer's Association  
Senior Service Networks  
Senior Centers and living facilities  
Libraries  
Other civic/community groups

Possibilities for internships and volunteer work exist within our Caregiver Program.  
Check out our website or call us for more information.

