

Crisis & Disaster Hotlines:

- If you or a loved one are experiencing anxiety, help is available. Call the Disaster Distress Helpline at 1-800-985-5990, connect with a trained counselor through the Ohio Crisis Text Line – text “4HOPE” to 741-741, or call @OhioMHAS helpline at 1-877-275-6364.
- Allwell Behavioral Health Services – Does the Coronavirus have you feeling stressed , lonely, anxious, depressed, or confused? Call the COVID STRESS LINE! 740-432-2377
- Veteran’s Crisis Line – 1-800-273-8255
- 24 hour: Suicide Prevention Lifeline 1-800-273-TALK (8255)
- 24 hour: Crisis Services 330-343-1811 or 330-627-5240
- 24 hour: Trevor Lifeline 1-866-488-7386 (Crisis Intervention and Prevention Services for LGBTQ)
- Muskingum County Residents: The Muskingum County Sheriff’s Office is offering an “Are you OK ?” service. Computer will call individual daily and if they are okay they press a button on their phone. If not answered computer will call two more times. If still no contact they will contact the person’s keyholder. If unable to reach the keyholder an officer will be dispatched to the home. People can ask for a call twice a day if they wish. Additional website for info:
<https://www.ohiomuskingumsheriff.org/Resources/Are-You-Okay/>
- COVID Careline: The COVID CareLine is a new, toll-free number and emotional support call service created by the Ohio Department of Mental Health and Addiction Services. Behavioral health professionals will staff the CareLine from 8 a.m. to 8 p.m., 7 days/week. They will offer confidential support in times of personal crisis when individuals may be struggling to cope with current challenges in their lives. After 8 p.m., the CareLine will forward to the National Suicide Prevention Helpline, allowing those calling to have access to someone 24 hours/day. Call 1-800-720-9616 to connect.