

Ohio Department of Health call center is ready to answer your questions about COVID-19

**1-833-4-ASK-ODH**

Staffed from 9 a.m. to 8 p.m. each day

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If you have questions about how to protect yourself and prepare for COVID-19 in your community, the Ohio Department of Health (ODH) can provide answers.

The ODH coronavirus disease 2019 call center can be reached at 1-833-4-ASK-ODH. ODH staffers operate the center seven days a week from 9 a.m. to 8 p.m. daily, including weekends.

Call center staff includes licensed nurses and infectious disease experts. They are available to answer questions and provide accurate information about COVID-19, the risk to the public, and the state's response.

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Remember that the best thing you can do in the face of COVID-19 is to take precautions to protect yourself, your family, and your community:

- Wash hands often with soap and water for at least 20 seconds; dry hands with a clean towel or air dry hands.
- Use alcohol-based hand sanitizer when soap and water are unavailable.
- Cover your mouth with a tissue or sleeve when sneezing or coughing.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Stay home when you are sick.
- Avoid contact with people who are sick.
- Clean “high-touch” surfaces daily. These include counters, tabletops, doorknobs, light switches, bathroom fixtures, toilets, phones, keyboards, desks, and tablets.

**Find additional information at [coronavirus.ohio.gov](https://coronavirus.ohio.gov).**