# Alzheimer's/Dementia

### DVDs & CDs:

Alive Inside- 3 copies

**Bringing Nurturing into Memory Care** 

Challenging Behavior's in Dementia Care: Recognizing & meeting Unmet Needs (DVD)

Communication: Vol. 3 Alzheimer's – Early stage to Mid-stage -4 copies

Communication: Vol 4 Alzheimer's- Mid-stage to Late stage- 4 copies

How to Make the Most of a Visit to Your Loved One with Dementia (CD)

**Memory Enhanced Activities** 

Progression of Dementia: Seeing GEMS- Not just Loss (DVD)

The Alzheimer's Dialogues- Conversations about Caregiving

The Journey of Dementia (DVD)

#### Books:

Activities of Daily Living- an ADL Guide for Alzheimer's Care

Always My Grandpa- A Story for Children About Alzheimer's Disease

Alzheimer's- Answers to Hard Questions for Families

Alzheimer's A to AZ

Alzheimer's Disease: A Handbook for Caregivers

Alzheimer's Disease: A Call to Courage for Caregivers

Alzheimer's Early Stages

Alzheimer's from the Inside Out

Alzheimer's: The Answers You Need

Alzheimer's Basic Caregiving- an ABC Guide

Alzheimer's Disease and Dementia in Down Syndrome and Intellectual Disabilities

An Alzheimer's Activity Guide- 2 copies

Bathing Without a Battle: Personal Care of Individuals with Dementia

Big Book of Alzheimer's Activities- Volumes One and Two 2 copies

Care That Works: A Relationship Approach to Persons with Dementia

Challenging Behavior in Dementia: A Person-Centered Approach

Complete Guide to Alzheimer's Proofing your Home – 2 copies

Counseling the Alzheimer's Caregiver (A Resource for Healthcare Professionals)

Dementia, Aging, and Intellectual Disabilities

**Dementia Caregivers Share Their Stories** 

Developing Support Groups for Individuals with Early-Stage Alzheimer's Disease

(The) Enduring Self in People with Alzheimer's- (Getting to the Heart of Individualized Care)

Finding the Joy in Alzheimer's- Caregivers Share the Joyful Times

Finding the Joy in Alzheimer's 2- When Tears are Dried with Laughter

Finding the Right Care for You- Alzheimer's Assn.

I'm Still Here

In a Tangled Wood: an Alzheimer's Journey

In Search of the Alzheimer's Wanderer

Living with Progressive Memory Loss

Management of Challenging Behaviors in Dementia

Moving a Relative with Memory Loss

Sexuality and Dementia

Still my Grandma

Striped Shirt and Flowered Pants: A story about Alzheimer's Disease for Young Children.

Talking to Alzheimer's

The Alzheimer's Action Plan

The Best Friend's Approach to Alzheimer's Care

The Comfort of Home for Alzheimer's Disease- A Guide for Caregivers 1<sup>st</sup> & 2<sup>nd</sup> Edition- 2 copies of 2<sup>nd</sup> Edition

The Dementia Care-Partners Workbook

The Handholder's Handbook: A Guide for Caregivers of People with Alzheimer's or Other Dementias

The Validation Break Through: Simple Techniques for Communicating with People with Alzheimer Type Dementia

Therapeutic Caregiving: A Practical Guide for Caregivers of Persons with Alzheimer's and Other Dementia Causing Diseases

Understanding Alzheimer's: Alzheimer's & Safety

Unraveling the Mystery - Alzheimer's Disease

Validation Techniques for Dementia Care

What If it's Not Alzheimer's (A Caregivers Guide to Dementia)

What's Happening to Grandpa?- 2 copies

What You Need to Know About Alzheimer's

# Parkinson's

#### DVDs & CDs:

Delay the Disease- Exercise and Parkinson's Disease (Book also available)

Delay the Disease-Functional Fitness and Parkinson's Disease (Book also available)

### Books:

Caring for the Parkinson Patient

Coping & Caring- CG Guide to Parkinson's Disease- 8 copies

Delay the Disease- Exercise and Parkinson's Disease (DVD also available)

Delay the Disease-Functional Fitness and Parkinson's Disease (DVD also available)

Parkinson's Disease 300 Tips for Making Life Easier

Parkinson's Disease and Quality of Life

Parkinson's Disease: Caring and Coping

Parkinson's Disease: Fitness Counts

Parkinson's Disease: Medications

Parkinson's Disease: Nutrition Matters

Parkinson's Disease: Speaking Out

Parkinson's Disease: Mind, Mood & Memory

Parkinson's Disease: Deep Brain Stimulation

Parkinson's Disease: Speech & Swallowing

Parkinson's Disease: What You and Your Family Should Know- 2 copies

## **Stroke**

### Books:

Living with Stroke, a Guide for Families

The Family Guide to Surviving Stroke and Communication Disorders

The Stroke Recovery Book

Stroke Help: A Stroke Survivor's Guide to Independence

Bed Positioning & Mobility- 4 copies

Improving Function & Awareness- 1 copy

Preventing Shoulder Pain- 1 copy

Self-Care- 4 copies

Standing Safely- 4 copies

Wheelchair Transfers- 4 copies

# **Cerebral Palsy**

### Book:

Cerebral Palsy: A complete Guide for Caregiving

# ALS (Lou Gehrig's Disease)

#### Book:

Maintaining Good Nutrition with ALS

## **Lewy Body Dementia**

### **Books:**

Lewy Body Dementia (A Caregiver's Guide)

Dementia with Lewy Bodies (The Official Patient's Sourcebook)

Book:

DVD:

# <u>Kinship</u>

### Book:

Advocating for Children in Foster & Kinship Care

**Intergenerational Caregiving** 

Raising Our Children's Children

The Grandfamily Guidebook

The Kinship Parenting Toolbox

To Grandma's House We.....Stay

## **Arthritis**

#### Books:

250 Tips for Making Life with Arthritis Easier

# MS (Multiple Sclerosis)

### Books:

300 Tips for Making Life with MS Easier

## **Grief**

### Books:

"Do I Know You/" Living Through the End of a Parents Life

Final Gifts-Understanding the Special Awareness Needs & Communications of the Dying

Grief Expressed- When a Mate Dies

Gone from My Sight- The Dying Experience

How to Go on Living When Someone You Love Dies

## DVDs/CDs:

Another Christmas after...Grief

The First Christmas after...Grief

The First Moments after...Grief

# Caregiving

DVDs & CDs: A Guided Meditation to Help with CG Stress (CD) Communication: Aphasia (Vol 2) (DVD) Communication: Hearing loss (Vol 1) (DVD) Creationscapes A New Day Autumn Gold Begin Again **Blossoms** Celtic Wind Comfort **Easter Morning** Garden Island **Gospel Classics Healing Waters** Heaven Little Ones Majesty **Medical Emergencies** Mountainscapes My Father's World Nature's Splendor Old Country Church On Wings of an Angel **Paradise** Prayer

**Quiet Place** 

Seascapes
Seasons
Secret Garden
Seven Wonders
Shining Seas
Sing Praise!
Softly to the Sea
The Rainforest
Tranquility
Dealing with Physical Aggression in Caregiving: Non-Physical and Physical Interventions- 2 copies
Delivering Justice Series
Web of Deceit- internet fraud
Dialing for Dollars-telemarketing/investment fraud
Long Shot-lottery scams
Identity Crisis- identity theft
How to Make the Most of a Visit
Is It Simple Forgetfulness or the Real Thing?
It's All in Your Approach (DVD)
Lean on Me
Living in Long Term Care: The Resident's Perspective
Memories in Song (CD)
Memory Lane: Family
Resident's Rights Today
Senior Smart Puzzles- 3 copies
Senior Smart Puizzles Book 2- 2 copies
Sentimental Sing-Alongs
Across America

Songs of the Holiday Season

**Patriotic Songs** 

Songs of the Road, River & Rail

Serenades & Sweetheart Songs

Songs of Romance & Ragtime

**Christmas Hymns & Carols** 

Songs from the Heartland

Songs of Love & Laughter

Sit & Dance for Seniors (DVD)

The Alzheimer's Project

The Art of Caregiving

The Educated Caregiver- 3 volume series

Vol. 1- Coping skills

Vol. 2- Hands-On skills

Vol. 3- Essential Knowledge

Unlock the Memories (1950's Volume 1)

#### Books:

A Different Visit- activities for CG & their loved ones with memory loss

A Caregiver's Guide to Giving Medicines

A Guide for CG: What's Next? Planning for Safety, Quality & Compassionate Care for your loved one & yourself

Balancing Work and Caregiving for Children, Adults, and Elders

Brain Health as you Age

Bound for Your Good Health

**Caregiver Connection Training Manual** 

Caregiver's Count Too- Toolkit to assess needs

Caregiver's Reprieve

Caregiver's Work: A 6 step Guide to Balancing Work & Family

Caregiver: A Step-by-Step Resource for Caring for the Person with Cancer at Home

Caregiving: The Spiritual Journey of Love, Loss, and Renewal

Caring for People with Challenging Behaviors

Caring for an Aging Parent

Caring for Yourself While Caring For Your Aging Parents-How to Help, How to Survive

Choices at the End of Life

Coping with Caring

Don't Jump! Winter Blues Survival Guide

Dressing Tips and Clothing Resources for Making Life Easier

Elder Rage or Take My Father... Please!

Exercise & Physical Activity- 4 copiesd

Exercise: A Guide from the National Institute in Aging- 3 copies

Family Caregiver: Practical Workshop with Basic CG skills

Family Caregiver Guide- 6 copies

Family Realities

Generations Fall 2016- American Society on Aging

Gifts from the Heart

Grandma's Cobwebs

Guide to Home Caregiving

Happiness Is a Choice

How to Care for Aging Parents

How to Deal with Difficult People

**Humor is Tremendous!** 

I'll Take Care of You- A Practical Guide for Family Caregivers

Keeping Them Healthy, Keeping Them Home: How to Care for Your Loved Ones at Home

Legal Rights of the Seriously III & Injured (English & Spanish- 2 copies each)

Living with Non-24

Long Distance Caregiving ( a Survival Guide for Far Away Caregivers)

Making Your Mark

Managing & Treating Urinary Incontinence

My Mother's Voice

Movement with Meaning

Nobody's Child Anymore

Nursing Homes: Getting Good Care There – 2 copies

On the Edge of Darkness

Passages in Caregiving-Turning Chaos into Confidence

Practical Guide to Taking Care of Aging Family Members

Profiles in Caregiving (The Unexpected Career)

Quick Tips for Caregivers- 3 copies

**Reinventing Yourself** 

Remembering Home

Respecting Your Limits When Caring for Aging Parents

Singing with Momma Lou

Solace

Strengthen Your Mind- Volumes One and Two

Susie & Herman: A Story of Love and Caregiving

Talking about Aphasia

Taking Care of Caregivers – 2 copies

**Taking Charge** 

Taking Time for Me

The 36- Hour Day

The American Bar Association: Legal Guide for Older Americans

The Art of Calm

The Book of Self-Care

The Caregiver Survival Series

**Coping with Caregiver Worries** 

**Creative Caregiving** 

Positive Caregiver Attitudes

**Preventing Caregiver Burnout** 

The Magic of Humor in Caregiving

The Comfort of Home- 1<sup>st</sup> & 2<sup>nd</sup> Ed. 2 copies of 2<sup>nd</sup> Ed.

The Complete Eldercare Planner

The Elder Law Handbook

The End of Life Namaste Care Program for people with Dementia

The Fearless Caregiver

The Gifts of Caregiving

The Handholder's Handbook

The Long-Term Care Planning Guide

The Magic of Conflict

The Medicaid Planning Handbook

The Memory Box

The Mental Health Diagnostic Desk Reference

The Relaxation & Stress Reduction Workbook

The Voice of the Climbing Rose- A Tribute to Caregiver

Touch of Wonder

Tuesdays with Morrie

Transforming your Life Through Self-Care

When Aging Parents Can't Live Alone

When Your Parents Need You

Who Gets Grandma's Yellow Pie Plate?

Who will Provide Care? Emergent Issues for State Policymakers

## DVDs/CDs:

A Time to Care- Activities of Daily Living

"Be with Me TODAY"

Caregiver Wellness: Companion Homemaker- Roles & Responsibility

Caregiver Wellness: Companion Homemaker- Safety & Housekeeping

Caregiver Wellness: Elder Abuse and Neglect

Caregiver Wellness: HIPAA in Home Care

Caregiver Wellness: How to Measure Vital Signs

Caregiver Wellness: How to use a Mechanical list

Caregiver Wellness: Medical Emergencies

Caregiving: Essential Bedrest Skills

Caregiving: Safety in the home- Fall Prevention

Caregiving: Fire Safety

Caregiving: Infection Control

Caregiving: Medications

Caregiving: Personal Care

Communication: Aphasia (Vol 2)

**Communication Difficulties** 

**Enhanced Moments Series** 

Creating Moments of Joy

Creating a Safe Haven

**Enhanced Dining** 

It's Saturday Night

**Family Moments** 

Lighten Up!

Promise (CD)

"There is a Bridge"