



AAA9 Advocate December 2019

Congressman Troy Balderson visits AAA9



Congressman Troy Balderson met with staff on November 25, 2019. AAA9 CEO Jim Endly spoke with the Congressman regarding the workforce shortage of qualified home health aides and other subjects related to providing care for our older and disabled adults.



Thank you Congressman Balderson for taking the time to visit our office.

Pictured left to right; Carol Baker, Communications Officer, Congressman Troy Balderson and CEO/Executive Director of AAA9, Jim Endly.

John Carey meets with AAA9 staff



AAA9 welcomed Mr. John Carey, Director of the Governor's Office of Appalachia, on December 12, 2019. A very engaging conversation was had with administrative staff regarding the workforce shortage of home health aides. Mr. Carey mentioned several possible funding opportunities for AAA9 to provide home health aide training in the future.

AAA9 looks forward to working with Mr. Carey in the near future. Thank you Mr. Carey for making the trip to visit our office and speak with our staff.

We are very proud to announce our first television commercial in a long time. The commercial will begin airing in mid to late December, on WTOV9 Steubenville. Please contact us if we can be of help to you, a friend or a loved one. 800-945-4250, or visit www.aaa9.org.



[View Video Here](#)

Take time to check on your loved ones this holiday season



For many Americans, the Holiday season is one of the few times during the year that family members visit older adult parents, friends, and relatives and spend quality time together. The Area Agency on Aging Region 9 (AAA9) urges you to pay close attention this holiday season to make certain the older adults you care about are able to care for themselves properly.

“Living away from family and friends can make looking out for their welfare difficult. Phone calls and widely spaced visits may not reveal the health needs of aging loved ones. On the phone, most older adults won’t let anyone know or admit that they are in need of help,” explained James A. Endly, AAA9 CEO/Executive Director. “The holiday season may be the only time families get a chance to visit and there may be drastic changes in a loved one’s health. We want family members to pay close attention this Holiday Season; know what to look for and what to do if they have concerns,” Endly added.

Here are some things to look for or to ask your loved one:

Is your loved one keeping their home as they usually do?

1. Has their physical appearance changed and not in a good way?
2. Is there food in the cupboards and the refrigerator?
3. Has their medication been refilled?
4. Have they removed themselves from outside social activities they once enjoyed, church, etc.?
5. Are there unpaid bills lying around?
6. Do they have working smoke detectors?
7. Are there other signs that your loved one is neglecting themselves?

“Most older adults place a high value on their independence and privacy and simply won’t ask for help.” The holiday season may be the time for children and loved ones to take a more active role in their parent or relative’s life,” Endly added.

For further information about the Area Agency on Aging–Region 9, Inc. and the programs offered, call toll-free (800) 945-4250 or visit their website at <http://www.aaa9.org>.

In appreciation



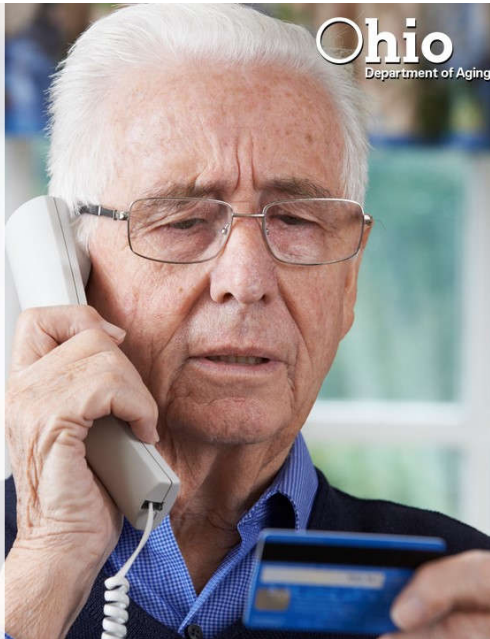
AAA9 would like to thank all of our business partners, the city of Cambridge, our provider network, and most of all, our staff for all of the hard work during 2019. As we look forward to 2020, we are very appreciative of the time, energy and work that went into our new location. On January 1, 2020, we will celebrate six months in our new building.

Special thanks to Mayor Tom Orr, former Chamber President Jo Sexton, BI-Con Project Manager, Mark Kelly, DS2 Architects owner Darin Schweickart, BI-Con superintendent Jeff Cowgill and Norm Blanchard, Director of Economic Development for Guernsey County.

Be aware and stay informed!

Senior Scams ARE Elder Abuse

- Unexpected calls or emails that claim to be from the government or a utility demanding payment
- Emails or calls that say you've won a prize or gift but must pay a fee to receive it
- Requests with unusual means to submit payment, such as pre-paid gift cards or wiring money
- Requests for bank account or credit card numbers.
- Pressure to act immediately or resistance when you ask for additional information.

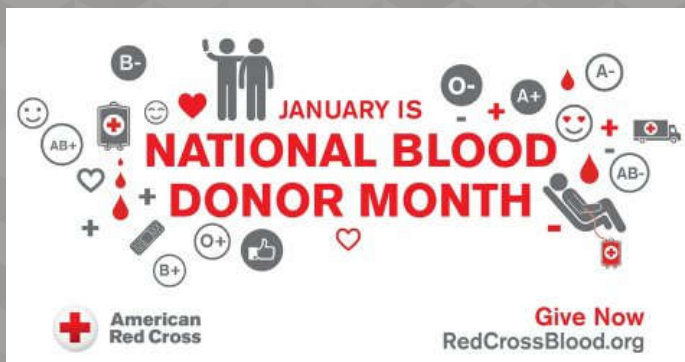


Ohio
Department of Aging

This is the season of goodwill to all men; however, not everyone is willing to do the right thing. Unfortunately, this time of year, and the upcoming winter months, is a prime season for those who target older adults. Many older people see only the good in everyone, and many times will not report any activity that other people may see as suspicious. Given the fact that many older adults live alone, perpetrators of frauds and scams take special care to target these individuals.

If you are visiting older loved ones this holiday season, have a conversation with them about the many ways older adults can be targeted. For more information on senior scams and fraud, contact the Ohio Attorney General's Office at' <https://www.ohioattorneygeneral.gov/Files/Publications-Files>

January is National Blood Donor Month



On January 1, 1970, the first National Blood Donor Month began it's journey to get the word out about the importance of becoming a blood

donor. Not just in January but all through the year.

This January, the American Red Cross celebrates National Blood Donor Month and recognizes the lifesaving contribution of blood and platelet donors. As we begin the New Year, the Red Cross encourages individuals to resolve to roll up a sleeve to give this month and throughout 2020. National Blood Donor Month has been observed in January since 1970 with the goal of increasing blood and platelet donations during winter – one of the most difficult times of year to collect enough blood products to meet patient needs. During the winter months, inclement weather often results in cancelled blood drives, and seasonal illnesses like the flu may cause some donors to become temporarily unable to donate.

On the Horizon.....



December 24 & 25.....AAA9 office is closed in for Christmas

January 1.....AAA9 office is closed for New Year's Day

January 20.....AAA9 office is closed for Martin Luther King Day

February 7.....Matter of Balance workshop begins at AAA9