



## **AAA9 Advocate** April 2019

*Older Americans Month - May 2019*

---



Every May, the Administration for Community Living leads our nation's observance of Older Americans Month. The 2019 theme, *Connect, Create, Contribute*, encourages older adults and their communities to:

- Connect with friends, family, and services that support participation.
- Create by engaging in activities that promote learning, health, and personal enrichment.
- Contribute time, talent, and life experience to benefit others.

Communities that encourage the contributions of older adults are stronger! By engaging and supporting all community members, we recognize that older adults play a key role in the vitality of our neighborhoods, networks, and lives.



### 13th Annual Older Adult Extravaganza

Our 13th Annual Extravaganza will be held on May 8, 2019 at the Pritchard Laughlin Civic Center, Cambridge, Ohio This year's theme is "A Salute to the Armed Forces". AAA9 would like to honor all veterans and active duty personnel, by inviting them to attend, share any military collections they may have and to lend their uniforms so that we may proudly display them in the atrium of our venue. Help us honor these men and women for the service they have provided to our great country!

*Spotlight on Shon Gress, Executive Director  
Guernsey County Senior Center*



**Shon Gress recently received two awards at the annual Ohio Association of Gerontology Education Conference held at Miami University in Oxford, Ohio. On the left, Shon is pictured with Dr. Daniel Van Dussen, President of OAGE. Dr. Van Dussen presented Shon with the Pamela K. Matura Practitioner of the Year award.**

**On the right is April Wehrle with the Ohio Attorney General's Elder Abuse Division presenting Shon with the Honorable Thomas A. Swift Collaboration Award, in recognition of his long standing dedication, service and support of Adult Protective Services.**

***AAA9 recognizes staff for years of service.***



**Jim Endly was recognized for his 20 years of service. Jim is the CEO and Executive Director of AAA9.**

---



**Recognized for their 5 years of service left to right, pictured with Jim Endly CEO are; Erica McAuley, Peggy Griffith, Brooke Campbell and Kim Wagner.**

---



**Recognized for 25 years of service left to right are; Zane Wells, Pam Hall and Michele Bates along with Jim Endly CEO**

---

**Recognized for 15 years of service, left to right with Jim Endly CEO are; Priscilla Snoddy, Carol Baker and Joan Cannon**

---

**Catch us on Talk of the Town!**  
Carol Baker, Communication  
Officer, speaking about the 13th  
Annual Older Adult Extravaganza,  
May 8, 2019.



## *May 2019 Observance Opportunities*



**MAY IS MENTAL  
HEALTH MONTH 2019**  
**#4MIND4BODY**

### **May is National Mental Health Month**

Very few people go through life without any chronic health challenges. Cancer, heart disease, chronic pain, diabetes, mental illnesses, and more touch every family at some point. And often mental illnesses and other chronic conditions co-occur.

People with cancer often have depression; people with schizophrenia often have diabetes; and people with chronic pain often have both physical and behavioral health challenges. We know that the underlying environment – the “social determinants” of health – plays a role in the development of both physical and mental health conditions. And what we also know is that some common tools and strategies – such as animal companionship, humor, spirituality, work-life balance, and recreation and social networking – lead to improvements in both physical and mental health.

## May is Military Appreciation Month

National Military Appreciation Month (NMAM) is celebrated every May and is a declaration that encourages U.S. citizens to observe the month in a symbol of unity. NMAM honors the current and former members of the U.S. Armed Forces, including those who have died in the pursuit of freedom.

The month of May is characterized by six national observances which highlight the contributions of those who have served.

- **Loyalty Day - May 1, 2019**
- **Public Service Recognition Week**

**May 5 - May 11, 2019**

- **Victory in Europe Day - May 8, 2019**
- **Military Spouse Appreciation Day**

**May 10, 2019**

- **Armed Forces Day, May 18, 2019**
- **Memorial Day, May 27, 2019**



[Update Profile](#) | [About our service provider](#)

Sent by cbaker@aaa9.org in collaboration with

