



AAA9 Advocate January 2019

Our building renovation is moving ahead of schedule. We anticipate a move around the first of June 2019. AAA9 staff is excited to see the final results. Our CEO Jim Endly shared several pictures with staff so we are included in the latest updates. Pictured at right is the second floor of the Potter Davis building with the original hardwood floors.



Meet the Directors/Managers of AAA9



Pictured from left to right; Michele Bates Consumer Care Director; Donna Eschbaugh Clinical Manager; Val Sampson ADRN Director; Robin Lahmers Director of Clinical Quality and Compliance; Diane Phillips Director of Provider Management; Sylvia Rubicam IT Billing Services Director; and Jim Endly, CEO and Executive Director.

2019-2022 Strategic Area Plan

Every four years all Area Agency's on Aging in the state of Ohio are required to develop a four year plan to address services needed and planned in the future. A set of five goals were developed by the Ohio Department of Aging and AAA9 has selected objectives and strategies to address these goals. On 12/21/18, AAA9 received approval for our Strategic Area Plan from former Ohio Department of Aging Director, Beverly Laubert. We are looking forward to the future!



Apply Online for the Ohio Energy Assistance Programs until March 2019: www.energyhelp.ohio.gov

If you have any questions or need assistance in completing your application please call 1-800-945-4250.

January Awareness Month



January is Glaucoma Awareness Month January is National Glaucoma Awareness Month, an important time to spread the word about this sight-stealing disease. Currently, more than 3 million people in the United States have glaucoma. The [National Eye Institute](#) projects this number will reach 4.2 million by 2030, a 58 percent increase



Cervical Health Awareness Month is a chance to raise awareness about how women can protect themselves from HPV (human papillomavirus) and cervical cancer. HPV is a very common infection that spreads through sexual activity, and it causes almost all cases of cervical cancer.

About 79 million Americans currently have HPV. Many people with HPV don't know they are infected. And each year, more than 11,000 women in the United States get cervical cancer.

The good news?

- The HPV vaccine (shots) can prevent HPV.
- Cervical cancer can often be prevented with regular screening tests and follow-up care.

Cervical cancer screenings can help detect abnormal (changed) cells early, before they turn into cancer. Most deaths from cervical cancer could be prevented by regular screenings and follow-up care.

February 2019 Upcoming Awareness

Do your sweetheart and yourself a big favor in 2019, and have your blood pressure checked. High blood pressure can overtime lead to damage to the heart.

Lace up your sneaks and participate in a local or state heart walk through the



American Heart Association. For more information on heart health and heart walk opportunities check this link: www.heart.org

The Library of Congress, National Archives and Records Administration, National Endowment for the Humanities, National Gallery of Art, National Park Service, Smithsonian Institution and United States Holocaust Memorial Museum join in paying tribute to the generations of African Americans who struggled with adversity to achieve full citizenship in American society



Our 13th Annual Older Adult Extravaganza will be held on May 8, 2019, at the Pritchard Laughlin Civic Center in Cambridge, Ohio. Our theme this year is A Salute to the Armed Forces. If you company would like to be a part of this great day, please email Carol Baker at cbaker@aaa9.org.

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