

Be Fire Safe and Fire Smart

In the Kitchen...

- Always watch stove top items.
- Turn off burners if you must walk away – even for a minute.
- Use a timer to remind you if you are using the oven.
- Turn handles of pots and pans toward the back to avoid accidentally knocking them over.
- Avoid loose-fitting and dangling clothing on your arms and chest while you cook.
- Keep flammable materials like towels, potholders, papers, etc., away from cooking appliances.

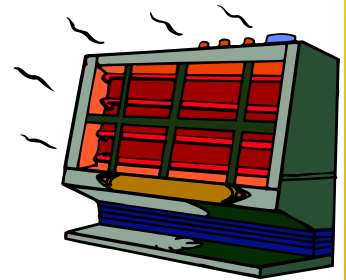
If you don't feel safe cooking, contact your case manager or an area agency on aging about receiving home delivered meals or other assistance with meal preparation.
1-866-243-5678

If You Smoke...

- Use only deep-seated ashtrays to avoid tipping and spilling.
- Keep smoking materials away from combustible materials and wet them before disposing of them.
- Never smoke while lying down, when tired or when taking medications that cause drowsiness.
- Never smoke while using Medical Oxygen. Turn off the oxygen first, then turn it back on when finished.

Heating...

- Do not use your oven to heat your home.
- Check cords on electric space heaters for breaks or cracks.
- Only plug heaters into outlets that can handle the load. Avoid sharing an outlet used by a heater with any other device.
- Do not use extension cords with heaters.
- Use only the correct fuel in kerosene heaters and store and handle the fuel safely.
- Let the heater cool completely before refueling.
- Be sure fireplace flues are clear and always use a screen to deflect sparks.
- Keep combustible materials like blankets and clothing at least three feet away from any heat sources.



If your utility services have been cut off, contact your utility company to make arrangements or contact your case manager or an area agency on aging for resources to assist you in resolving the matter.
1-866-243-5678

“An ounce of prevention is worth a pound of cure.” – Benjamin Franklin, volunteer fire fighter

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Smoke Detectors...

- Install smoke detectors on each level of your home and in all sleeping areas
- Test smoke detectors monthly and change the batteries every six months.



For help obtaining and installing smoke detectors and batteries, contact your local fire department. Your case manager or area agency on aging can identify other resources.

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Candles...

- Never leave a candle or other open flame unattended.
- Keep flammable materials, such as drapes, blankets and clothing, at least three feet away from flame.
- Extinguish candles and other open flames before leaving a room.

In a Fire...

- Get out fast and stay out!
- If you require assistance getting out of the house, close the door to your room and stay near a window and stay on the phone with rescuers.

Electrical Equipment...

- Do not overload outlets and avoid using multi-plug adapters.
- Be sure that electrical cords and extension cords are in proper working condition, with no cracks or exposed wires.
- Unplug small appliances like toasters and can openers when not in use.
- If an appliance appears to be malfunctioning have it checked and repaired before using again.
- Turn off and unplug electrical decorations, such as Christmas lights and potpourri burners, overnight and when you will not be home.

Have a Plan...

- Develop and practice a fire evacuation plan that includes at least two ways to get out.
- Review safety steps like checking closed doors for heat before opening, using your emergency alert device if you have one and crawling on the floor below the smoke.

When creating your plan, contact your local fire department to let them know if you may be unable to evacuate without assistance. It will make you and them safer in the event of a fire.

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