

Registration Form

**Balancing work and Life
Commitments**

Registration Fee: \$50.00

Price includes CEU's and a 1/2 hour lunch

CEU's Requested: ___ Yes ___ No

Registration Deadline: September 8, 2009

Name: _____

Title: _____

Agency: _____

Address: _____

Phone: (____) _____

Special accommodations needed due to a disability: _____

Please make checks payable to:

Area Agency on Aging Region 9, Inc.
60788 Southgate Road
Byesville, Ohio 43723

Telephone inquiries to 1-800-932-7277
extension 281 voice or fax 740-439-3592

*Directions to
Dutch Valley Restaurant*

1343 Old Route 39, Sugarcreek, Ohio

From 77 North, take the Sugarcreek/Dover exit. Turn left on State Route 39. Follow this road approximately 6 1/2 to 7 miles until you come to Dutch Valley Road/County Road 46. You will then turn left. The Dutch Valley Restaurant will be on your left.

From 77 South, take the Sugarcreek/Dover Exit. Turn right on State Route 39. Follow the same directions as above

Continuing Education Units

The Area Agency on Aging Region 9, Inc. is an approved provider of Continuing Education Units by the Ohio Social Worker Board. This offering has been approved for 5.5 contact hours for Licensed Social Workers Provider # RSX029802. The Ohio Board of Nursing accepts events approved for Social Workers for Continuing Nurse Education.



**AREA AGENCY ON AGING
REGION 9, INC.**

PRESENTS

**Balancing Work and Life
Commitments**



September 15, 2009

9:00 a.m. 4:00 p.m.

(Lunch begins at 12:00 p.m.,

Area Agency on Aging - Region 9, Inc.
60788 Southgate Road, Byesville, OH 43723
Voice(800)945-4250 ~ Fax(740)439-3592
*Serving Ohio's Belmont, Carroll, Coshocton, Guernsey,
Harrison, Holmes, Jefferson, Muskingum, and Tuscarawas
counties for over 25 years*

Funded in part by the Ohio Department of Aging

Balancing Work and Life Commitments

September 15, 2009 9:00 - 4:00

- Location: Dutch Valley Restaurant
- Costs: \$50.00
- Price includes CEU's and a 1/2 hour lunch
- Registration Deadline: September 8, 2009

Learning Outcomes:

At the conclusion of this workshop participants will.....

- ◆ Be aware of the true nature of commitment.
- ◆ Identify their "True North" and discover what guides their thinking and behavior in terms of life values.
- ◆ Define and explore issues of work/life balance.
- ◆ Set personal goals for all areas of their life.
- ◆ Gain tips to balance home/work responsibilities.

Description

What does the word "commitment" mean to you? Is a commitment made in one area of your life more important than a commitment you make in another area? Today's busy professionals struggle to juggle a full schedule both a work and at home. This workshop will help you identify your deepest priorities, present tips on living a balanced life, and discuss what it means to have meaningful achievement and happiness in your daily life. Join us to set your life goals and go about fulfilling your unique life purpose.

About the Trainer

Lou Vincent is the Products and Production Manager with the firm of Rizzo & Associates. He has also served the firm as a trainer and consultant for over a decade.

Prior to coming to Rizzo & Associates, he was employed as a Supervisory Administrator at Boys Village, a residential treatment center for adolescent boys in Smithville, Ohio. He holds a certification in Organizational Behavior from Herriot Watt University in Scotland and is currently a Master's Candidate in their MBA program.

Lou's "pleasing personality" and down-to-earth wisdom make for an insight-provoking, pleasant, and interesting training experience. He has conducted over 2500 seminars with audiences from governmental institutions, health care facilities, and associations. He specializes in the topics of diversity, human resource development, systems approaches and workplace violence.